

**SPORT,
INCLUSION,
ENVIRONMENT**



ORNAT2000

Co-funded by the
Erasmus+ Programme
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Collection of Best Practices



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1***Title of the project*****Orienteering for disadvantage people and elderly in Bulgaria*****Project Coordinator***

Champions Factory (Bulgaria)

Type

National project – EU project

Start date – End date

15 August 2022 - 29 August 2022

Target groups

10 Elderly People and 10 Disabled People

Partners and stakeholders

- Local Supporters
- EU Volunteers
- Home for the aged

Short project description (activities, outcome and outputs)

- First two days; Meeting the participants and explaining the aims.
- Third and fourth days; Introduction of the activities and a comprehensive description of the project.
- Fifth and sixth days; Grouping the participants and starting the activities.
- Continuation of activities in this way for two weeks.
- In the last two days, after the activities, to analyze the participants' opinions about the project and the activeness of the participants in the project and to organize speeches.

Games

The names of the games; Labyrinth Orienteering, Puzzle Orienteering and Snake Orienteering. They were asked to find the numbers from 1 to 9 on the map given in the labyrinth orienteering game and to rank them. The desired thing in the Puzzle Orienteering game is that the contestants make the 25-piece puzzle using the map as soon as possible. In the Snake Orienteering game, it is aimed to complete as soon as possible by following the route given in the form of a snake.

Results

Enabling elderly people and people with disabilities to engage in activities like other people and make them self-confident. Also to improve their personal skills.

The orienteering athletes enrolled in the study reported a significantly better health compared to the free-living older adults ($p < 0.0015$) on all questionnaires except HADS. The high health status displayed in this population was further confirmed by the FGD findings, in which all participants declared their engagement in orienteering as a prerequisite for health.

Web resources

- <https://dergipark.org.tr/tr/download/article-file/387641>
- <https://www.haberler.com/isitme-engelliler-turkiye-oryantiring-sampiyonasi-9310740-haberi/>
- <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4495641/>
- <https://www.hurriyet.com.tr/egitim/kabartma-haritayla-oryantiring-mutlulugu-40102885>

2***Title of the project*****Cycle of Sports Orienteering Events*****Project Coordinator***

Ministry of Education, Science and Sport (Lithuania)

Type

National project

Start date – End date

September and October 2020, spring and autumn 2021 and 2022

Target groups

- "Youth" (18 years of age and younger)
- "Para" (for people with disabilities)
- "Open" (all others wishing to participate)

Partners and stakeholders

The project "Cycle of Sports Orienteering Events" is co-financed by the Sports Support Fund, which is administered by the Ministry of Education, Science and Sport, the Education Exchange Support Fund and the Central Project Management Agency.

Short project description (activities, outcome and outputs)

Trail Orienteering in Lithuania in places included in Natura 2000 in Lithuania is not popular, it is systematically practised by a rather narrow circle of people. There are few trail orientation competitions. The most famous of them are Lithuanian championship competitions. However, the Lithuanian team always participates in orienteering trails in World Cup competitions (WTOC). In 2017, WTOC competitions were held in Lithuania, not far from Marijampolė.

Trail orienteering events are not specifically organised in Natura 2000 sites, but in some cases, just by chance, it happens. A few years ago, trails orienteering sports club 'Falco' was established in Lithuania. From that moment, the development of trail orientating increased. Several trainings and seminars took place in 2020. Several people from Marijampole also participated in them.

During the events, OS trail preO, PreOSprint or TempO competitions are organized, after which participants together with specialists-coaches have the opportunity to study the specifics of the tracks, mistakes made.

- In 2020 5 events took place in Vilnius and 8 in Kaunas

Events took place in Natura 2000 sites:

<i>Type</i>	BAST
<i>Title</i>	Jiesios river and its valleys
<i>Location identifier (EU code)</i>	LTKAU0014
<i>Place</i>	Kauno m., Kauno reg. municipality

<i>Type</i>	BAST
<i>Title</i>	Vanagynės forest

Location identifier (EU code) LTVIN0030

Title Neries river

Location identifier (EU code) LTVIN0009

- 2021 orienting sports club „Falco“ organizes international competition „Falco cup“ (the venues are just outside the Natura 2000 site)

Type BAST

Title Sviliškių village

Location identifier (EU code) LTVIN0023

Place Elektrėnų, Trakų reg., Vilniaus raj. municipality

Area (ha) 1320

Status granted date 11/19/2006

Web resources

- <https://www.oskfalco.lt/wp-content/uploads/2021/03/FalcoCup2021-Bulletin2.pdf>

3***Title of the project*****ORIENT: Orienteering for the Inclusion of disadvantaged people in sport*****Project Coordinator***

Federazione Italiana Sport Orientamento (Italy)

Type

European project (Erasmus +)

Start date – End date

1 January 2020 – 31 December 2022

Target groups

Able-bodied and disabled athletes

Partners and stakeholders

- Cesky Svaz Orientacnich Sportu (Cz);
- Progetti Sociali Srl Impresa Sociale (It);
- Latvijas Orientšanas Federacija (Lv);
- Orientacijski Klub Trzin (Si);
- Comune Di Vasto (It);
- Fundacio Privada Trinijove (Es)

Short project description (activities, outcome and outputs)

The project intends to address the topic of encouraging social inclusion and equal opportunities in sport, by supporting activities able to foster the organisation of Trail-orienteering events thus incrementing the number of participants - both able-bodied and disabled ones - who can practice it.

The fostering of the practice of Trail-O should be seen not only as the development of a sport discipline per se, but as an important tool of education and inclusion, considering that it is a discipline in which able-bodied and disabled athletes compete in the same event thus reaching the greatest possible inclusion within sport activities.

The point is that even if Trail-O was created in Europe, the number of practitioners in the EU is not so high as it could be, and grassroots sport events are few, thus weakening its relevance as a tool for education and inclusion through sport. The main reason is that, if rules have been encoded since the '90s, support tools have not been developed yet. Thus the lack of supporting tools together with the lack of guidelines are the main obstacles for a plain dissemination of this sport. On the base of this analysis, the project main finality is to develop instruments to facilitate the organisation of Trail-O grassroots events, thus involving also disabled athletes, who can practice orienteering by involving and interacting with transnational partners who are experienced and can share their organisational and operational expertise. More in detail project's objectives are:1.

To develop an analysis of best practices already realised2. To design an operative model for the realisation of Trail-orienteering interventions 3. To develop tools (including ICT ones, which are so important in this sport) and guidelines for the organisation of grassroots sport events 3. To create

a network of organisations which deal with Trail-O and of practitioners from: sport sector, schools, services to disadvantaged people.

Web resources

- <http://orient.fiso.it/it/>

4***Title of the project*****Promoting Social Inclusion of Persons with Mental Disabilities through Sport*****Project Coordinator***

Comune di Prato (Italy)

Type

European project (Erasmus +)

Start date – End date

1 January 2016 – 31 December 2017

Target groups

People suffering from mental health problems

Partners and stakeholders

- Podes-Associacao Para A Promocao Do Desenvolvimento Sustentavel (Pt) ;
- Federation Des Associations Des Capitales Et Villes Europeennes Du Sport Aisbl (Be) ;
- Associazione Sportiva Dilettantistica Aurora (It);
- Initiative Zur Sozialen Rehabilitation Ev (De);
- Megallo Csoport Alapitvany Szervedelybetegekert (Hu);
- Oxford City Council (UK);
- Office Intercommunal Des Sports Du Pays De Redon (Fr);
- Ngo My World Association (Bg);
- Fundacion Publica Andaluza Para Laintegracion Social De Personas Conenfermedad Mental (Es)

Short project description (activities, outcome and outputs)

As a key aim of INSPORT+, partners set-up groups of local stakeholders (representatives and volunteers from associations and NGOs, health and sport professionals, local, regional and national authorities) working with different groups of people with mental disabilities. From 2016 to 2017 partners and their stakeholders got involved in a series of roundtables and meetings in order to exchange information and good practices, follow interactive mentoring workshops, plan and organise joint sport initiatives, support the interregional events, identify challenges and foster dialogue with authorities and institutions, promote INSPORT+ philosophy in their respective work environment. Overall 6 local stakeholder groups have been established with 250 organisations and 300 staff representatives.

In addition, 8 interregional events have been organised in each partner' s location featuring 3-4 days of interactive seminars, visits to local centres of excellence, city-mobilisation events, volunteer-led sporting events and activities with European and local partners, experts in the field of sport and mental health, target groups and citizens. The events represented the opportunity for learning from each other' s experiences, grasping and practicing mentoring principles, testing innovative practices, networking, discussing deficiencies and new ideas, exploring further synergies, but also for getting in touch with the reality of the different contexts, people with mental disorders and their perceptions. Overall the events gathered the participation of 2.720 actors.

Results

The research findings have been gathered in the INSPORT+ Vademecum embracing Country Profiles that outline conditions, frameworks and issues at stake in each partner context. The Vademecum further illustrates the interregional events, with users' testimonials as well as impressions and memories from the time spent together. Last, the document ends with recommendations in order to further enhance the chances of people with mental disabilities to engage in sport and community life and to facilitate the widespread adoption of the INSPORT+ approach.

Web resources

- <http://insportproject.eu/>

5***Title of the project*****Sport in nature for all*****Project Coordinator***

Asociatia Clubul Sportiv Mentor Silva (Romania)

Type

European project (Erasmus +)

Start date – End date

1 May 2016 – 30 April 2017

Target groups

- kids 2-5years and 6-12 years (participants who do not train, nor practice sport on professional and regular basis)
- young people 18-30 years (volunteers)

Partners and stakeholders

5 countries:

1. Turkey,
2. Macedonia,
3. Croatia,
4. Bulgaria,
5. Romania

Short project description (activities, outcome and outputs)

The project implementation activities gravitated around the organization of a three races orienteering sport event in the European Week of Sport (14-18 September 2016) in Predeal - Romania, targeting participants who do not train, nor practice sport on professional and regular basis.

The activities of the project were derived from its objectives and principles and they consisted of:

1. Project management activities, involving a thorough planning, monitoring, assessing and reporting project members' tasks, acquisitions and budgets, as well as fulfilling the legal and contractual provisions induced by project deployment.
2. Project preparation activities, translating the planned actions and tasks into effective results. These activities took place before the European Week of Sport and were the premises for organizing the 3 orienteering races and its related events.
3. Event implementation, transposing also the planned steps into concrete actions, with responsibilities assigned both to team members and volunteers.
4. Project promotion and dissemination activities.

Overall, by involving 179 participants (runners, volunteers, staff) on the implementation of the project they promoting sport values, voluntary activity, a healthy living through sport, social inclusion and equal opportunities.

Web resources

- www.mentorsilva.ro

6***Title of the project*****Let's swim beyond the handicaps*****Project Coordinator***

Karasu Kaymakamligi (Turkey)

Type

European project (Erasmus +)

Start date – End date

1 January 2021 – 31 December 2021

Target groups

Physically disabled kids aged 12-16 together with non-disabled ones aged 12-16

Partners and stakeholders

- Asociacia Za Razvitie Na Bulgarskiasport (Bg);
- Karasu Genclik, Sanat Ve Spor Kulubu Dernegi (Tr);
- Rijeka Sports Association For Persons With Disabilities (Hr);
- Sillogos Prosarmosmenis Askisis Kai Anapsixis Kinitiko Ergastiri (El).

Short project description (activities, outcome and outputs)

EU is an actor to enhance children with disabilities' rights. According to European Disability Strategy 2010- 2020' 57, it is important to enable disabled people to enjoy their rights in full and to participate in society. For this aim, the aim of the project is to include physical disabled kids in social life, to improve quality of their lives, to grow them up together with their peers, to make them discover their skills, and to create a different environment where they can feel free to do exercise. Thus, by using swimming pool, we want physically disabled kids aged 12-16 to come together with non-disabled ones aged 12-16. Swimming coaches, physical therapist, and a child psychologist will create different pair activities to be played in the pool. In the pool, one disabled and one non-disabled will be pair and they will have chance to do different activities together. In this way, they can do different activities which they cannot do outside together, disabled kids will be involved in social life, they can socialize with each other, they can develop their skills, they can mingle with other disabled kids, they can be more compatible with the social environment; and non-disabled kids can gain empathy and awareness about disability and they can develop the feeling of cooperation. Also, as pair they will be responsible for each other in every step of the project, so they will gain a sense of responsibility. There will be local tournaments in every partner country and one international tournament. At the end of the tournaments, there will be a final conference to present the results of the project.

Web resources

- <https://www.facebook.com/swimbeyondhandicaps/>

7***Title of the project***

Intellectual Disability, and Equal opportunities for Active and Long-term participation in Sport” . = “IDEAL project”

Project Coordinator

Katholieke Universiteit Leuven (Belgium)

Type

European project (Erasmus +)

Start date – End date

1 January 2018 – 31 December 2020

Target groups

Young people with an intellectual disability

Partners and stakeholders

- International Sports Federation Forpersons With Intellectual Disability (Uk);
- Hogskolan I Gavle (Se);
- University Of Essex (Uk);
- Canterbury Christ Church University Ltd (Uk);
- International Paralympic Committee (De);
- Akademia Wychowania Fizycznego Jozefa Pilsudskiego W Warszawie (Pl);
- Haskolinn I Reykjavik Ehf (Is);
- Universidad Politecnica De Madrid (Es);
- University Of Northumbria At Newcastle (Uk)

Short project description (activities, outcome and outputs)

In an IDEAL world, everyone has the right to participate on an equal basis with others in society. In sport, more and more participation opportunities arise for people with a disability, and unprecedented media interest is generated, particularly by Special Olympics & Paralympic Games. However, the reality in many EU countries is that the majority of young people with an intellectual disability (ID) still find it hard to access sport (European Commission White Paper on Sport, 2010). They have fewer opportunities for full and equal participation, and limited opportunity to specialize/excel in the activity of their choice. Being active is a public health priority focus by the EU, but having an ID is related to lower general activity rates, and a vulnerability factor for poor health. The aim of the IDEAL project is to address these inequalities through increasing the quality of sport interventions and structures, empowering young people with ID and improving their physical and mental health. Six institutions specialized in ID-research across the EU, promoted this collaborative partnership, and established a network with local and global disability sport organizations. They have common experience, respectively with research on the impact of ID on sport, and delivering sport programmes of certified quality. The IDEAL project seeks to translate what is known about ID in relation to sport (benefits, barriers & facilitators) into concrete suggestion for action.

The main objectives are to (1) Assess if the currently existing sport programmes & -structures across the EU meet the needs of all people with ID in society, (2) Set-up joint, evidence-based

interventions to improve the quantity and quality of initiatives in 4 focus ID-sport areas: athletics, aquatics, teamsports, & wintersports; focusing on coaches, and athlete role models, and (3) Develop EU standards for high quality ID-interventions and make these guidelines easily and widely accessible through online platforms.

Web resources

- www.kuleuven.be

8***Title of the project*****Sustainability and Environmental Education in outdoor sports*****Project Coordinator***

Leave No Trace Ireland (Ireland)

Type

European project (Erasmus +)

Start date – End date

1 January 2021 – 31 December 2023

Target groups

All

Partners and stakeholders

- Centre De Ressources D'expertise Etde Performance Sportives De Rhone-Alpes (Fr) ;
- Foderation Der Naturund Nationalparke Europas (Foderation Europarc) Ev (De) ;
- Institut Nacional D'educacio Fisica De Catalunya
- (Es) ;
- Folkungaland (Se) ;
- Surf Clube De Viana (Pt) ;
- Planinarski Klub Tara (Rs);
- Technische Universitaet
- Muenchen (De);
- The Sports Council For Northern Ireland (Uk);
- International Mountain Bicycling Association Europe (NI)

Short project description (activities, outcome and outputs)

Natural areas provide a multitude of resources socially, environmentally, and economically. There is growing evidence on the benefits of outdoor sports especially for physical and mental health and well-being. 40% of Europeans participate in outdoor sports and physical activities in nature. With increased participation in the outdoors the collective mark on the environment and its natural processes increases. At the same time nearly half of Europeans never exercise or play sport and this is increasing. Nature connectedness counts as a crucial predictor of pro-environmental behavior. This project will acknowledge the interconnectedness of social and environmental issues, and that sustainability requires a 'transformational' approach that can be brought about by outdoor sports education, providing an opportunity to be a game changer in how humans relate to themselves and to nature.

The aim of this project is to promote increased voluntary activities in sport, together with social inclusion, equal opportunities, and awareness of the importance of health-enhancing physical activity all in a frame of sustainable and environmental development. Specifically, this project will seek to increase outdoor sports participation and enhance the protection of natural landscapes. This will be achieved through a robust methodology that will analyze the current situation in sustainability and environmental education bringing together outdoor sports professionals and conservation organizations. Professionals in these fields function as important gatekeepers

informing and motivating people for sustainable and pro-environmental behavior. As such they need knowledge and innovative methods on how to teach important environmental issues. This project will develop a toolkit of best practices and evaluate methods through real life applications that will support greater participation in sport in natural areas and ensure that the impact of such activities is minimized.

Web resources

- www.leavenotraceireland.org

9***Title of the project*****Outdoor Sports in Nature for Skills Development*****Project Coordinator***

USIT (Spain)

Type

European project (Erasmus +)

Start date – End date

1 January 2021 – 30 June 2020

Target groups***Partners and stakeholders***

- L'orma Società Sportiva Dilettantistica A Responsabilità Limitata (It);
- Zentrum Fur Innovative Bildung (At);
- Asociația Scout Society (Ro);
- Hodina H Zs (Cz)

Short project description (activities, outcome and outputs)

Furthermore, in the 2017 Eurobarometer survey (European Commission, 2018) the main motivations for participation in sport or physical activity are improved health (54%) and fitness (47%). Thus, monitoring may also be an efficient strategy to promote participation in physical activity and sport, as it is strictly related to health (more than physical activity) and provides individual perspective on one's evolution.

This project ultimately aims to encourage participation in sport and physical activity in nature, especially by supporting the implementation of European Union (EU) policy documents in the field of sport and other relevant policy areas such as recommendations, guidelines, policy strategies, and the implementation of the Council Recommendation on health-enhancing physical activity (HEPA). Objective of the project:

To create a sustainable network of organizations specialized in the usage outdoor sports in nature. To share, develop and create a collection of good practices related to the outdoor sport in contact with the nature. To exchange and share ideas and good practice in the different partner countries related to benefits of outdoor sports in nature. To promote and increase the power of outdoor sport in nature as an educational tool for skills development at local, national and international level. To create a handbook with the benefits and skills get practicing outdoor sports in nature in the five broad categories: physical health, mental health and wellbeing, education and lifelong learning, active citizenship and anti-social behavior.

Web resources

- www.usit08.es

10***Title of the project*****Basketball: A World in A Word*****Project Coordinator***

Aquila Basket (Italy)

Type

National and European project

Start date – End date

2016 – 2017 – 2018

Target groups

30 asylum-seekers

Partners and stakeholders

- ATAS (It)
- Cinformi (It)
- University of Trento (It)

Short project description (activities, outcome and outputs)

The project through sports and physical practice for a weak segment of the population has these objectives:

1. Learn to play basketball
2. Improve language skills
3. Improve physical condition
4. Improve mental well-being
5. Strengthen networks between asylum seekers
6. Promote their integration
7. Promote social inclusion activities through the mobilization of youth volunteering (through the University and associations) developing sensitivity to the issue of social participation.

Participants not only go to the gym but are also monitored at the beginning and at the end of the path through interviews in which potential improvements in physical condition, mental well-being, knowledge of the language and the territorial context in which they live are detected.

Web resources

- https://webmagazine.unitn.it/alfresco/download/workspace/SpacesStore/e2c2ed88-3988-40bc-811b-d8df71575d58/Presentazione_Aquila_Vezzoni_13ottobre2017_finale.pdf
- https://www.aquilabasket.it/news/486922423814/torna-il-team-di-richiedenti-asilo-anche-universita-e-unione-europea-al-fianco-di-aquila-basket?fbclid=IwAR2NNE-1CtQedME0xYhWLw0vXGakzPT736aaFxr_8ZFUvQyEwylxmBqvxng

11***Title of the project*****BasketbALL TOGETHER*****Project Coordinator***

Dolomiti Energia Trentino (Italy)

Type

European project (Erasmus +)

Start date – End date

2018

Target groups

25 boys and girls from Nigeria, Mali, Senegal, Togo, Ivory Coast, Guinea, Morocco, Sierra Leone, Morocco, Pakistan

Partners and stakeholders

- University of Trento (It);
- ATAS onlus (It);
- Cinformi (It);
- Red Cross (It);
- Centro Astalli (It);
- Kaleidoscopio (It);
- "Ivo de Carneri" school (It);
- Female basket company "Belvedere Ravina" (It).

Short project description (activities, outcome and outputs)

Basketball is a powerful means of social inclusion: Dolomiti Energia Trentino has been able to verify this through various projects in which sport has been used as a common language to unite people with very different stories.

The activities of the project, which involve interaction in Italian, are not limited to the gym alone: there will in fact be training moments with some first aid concepts with the medical staff of the first Aquila Basket team, others related to the organization of sporting events with the students of the tourist-sports animation course of the "Ivo de Carneri", together with other moments in which basketball will be the common passion to share moments of life lived with the trips following the women's team.

The main objective of the project is to give the possibility for young women and men and children from various countries of the world to feel "a little more at home" in a new context and to be discovered.

Web resources

- <https://www.aquilabasket.it/news/14744456710/basketball-together-quando-il-basket-e-inclusione-sociale>

12***Title of the project*****One Team*****Project Coordinator***

Dolomiti Energia Trentino (Italy)

Type

Local project

Start date – End date

2022 – 2023

Target groups

10 prisoners

Partners and stakeholders

- Aquila Basket
- APAS (Provincial Association of Social Aid for prisoners, ex-prisoners and their families)
- Prison in Spini di Gardolo (TN)

Short project description (activities, outcome and outputs)

The One Team is Euroleague's social responsibility project, which aims to use basketball to make a real impact in our communities.

The game of basketball, in fact, is a sport that can transmit important values for people's lives, even for those who may have made some mistakes along the way.

Playing sports in prison can be a positive moment not only to help maintain a satisfactory state of psycho-physical health, but also to improve coexistence within the institution, helping to lower the level of tension and conflict.

Web resources

- <https://www.aquilabasket.it/news/269003165190/al-via-il-progetto-one-team-di-aquila-basket-al-carcere-di-spini>

13***Title of the project*****Marco ITA 108 Lo sport unisce*****Project Coordinator***

Società Cooperativa Amalia Guardini (Italy)

Type

Local project

Start date – End date

2019 - present

Target groups

Boys and girls with physical disabilities

Partners and stakeholders

- Marco Aggravi
- University of Verona

Short project description (activities, outcome and outputs)

The project aims to highlight how through sport it is possible to "unite" several skills and enhance each of them in order to sensitize citizens to social inclusion. Sport is therefore the means that links the different realities and enhances each of them as an indispensable element for the success of the project.

Web resources

- <https://www.cooperativaguardini.com/marcoita108-lo-sport-unisce>

14***Title of the project*****FSG – Sport for a Green Future*****Project Coordinator***

National Sport Leaders Network

Type

Erasmus+ project

Start date – End date

1/06/2022 - 31/11/2023

Target groups

Youth, S4D trainers

Partners and stakeholders

- Champions Factory (Bulgaria)
- Association of NATIONAL SPORT LEADERS NETWORK Kavadarci – (North Macedonia)
- Asociación Entrejuegos – (Spain)
- SOCIATIA LIBER LA EDUCATIE, CULTURA SI SPORT (Romania)

Short project description (activities, outcome and outputs)

Sport for a Green Future aims to educate young people on environmental issues and the interconnection of sport and environment, as well as to create a pool of European for Development trainers who will inspire sport actions across Europe. The purpose of the project is to use the Sport for Development methods in order to educate the next generations of young people about the importance of a clean and green planet as well as to inspire new actions for environmental protection.

The main objectives of the projects are the following:

- Increased cooperation among sport organisations in Europe aiming to promote education through sport together with sport and environmental actions, events and ideas.
- Increased participation in physical activities and sport by a purposeful combination of educational materials, local actions and events with a specific attention to promoting a clean and unpolluted environment
- Increased awareness among the general public in Europe on environmental education through sport and importance of sport in clean and safe environments, highlighting the importance of sport to promote positive change, to educate and influence sport activities and events.

Outputs:

1. E-report of EU good practices – sport for green future

2. Web platform for the international pool of trainers

Web resources

- <https://championsfactory.bg/sgf-sport-for-a-green-future/>

15***Title of the project*****Escuela de deporte inclusive*****Project Coordinator***

FECAM - Federación de Deportes para Personas con discapacidad intelectual de Castilla-La Mancha

Type

National project

Start date – End date

2022

Target groups

500 young people with disabilities

Partners and stakeholders

- Fundación Iberdrola España (Spain)

Short project description (activities, outcome and outputs)

The main objective of this project is to give athletes with intellectual disabilities the opportunity to get out of their comfort zone to improve their development, autonomy and social relationships. Some of them are Paralympics in the different modalities of the federated clubs (athletics, swimming, tennis, petanque, etc.).

FECAM has 32 sports clubs, more than 550 athletes and almost 220 federated technicians, as well as a volunteer network of more than 230 people; all of them distributed by CLM.

All users will have as their final objective to participate, at least, in the Championship of their sport modality, in addition to the rest of the activities and championships carried out by the Federation.

Web resources

- <https://fundacioniberdrolaespana.org/accion-social/fecam>

16***Title of the project***

LIFE-A2J-EARL – Education and Awareness Raising of Legal Professionals on Access to Justice

Project Coordinator

Association Justice & Environment, z.s. (Czech Republic)

Type

Life project

Start date – End date

01/07/2017 - 31/12/2020

Target groups

Selected European environmental lawyers and civil society organisations, NGOs and citizens

Partners and stakeholders

- ClientEarth (United Kingdom)

Short project description (activities, outcome and outputs)

The project aimed to improve the implementation and enforcement of EU environmental law by providing the public with effective access to justice, such as judicial review, administrative review and complaints to other appeal bodies. Access to justice is a fundamental means through which citizens and NGOs can support the implementation and enforcement of laws and policies to protect the environment. In order to reach this long-term goal, the project aimed to: increase awareness of existing rules and case-law on access to justice in environmental matters for specific target audiences; increase understanding of the importance of ensuring proper access to justice for the implementation of EU environmental laws and policies; increase understanding of specific challenges and obstacles to proper access to justice in environmental matters both at national and EU level; and increase knowledge and capacity for overcoming legal (both substantial and procedural) challenges and obstacles to effective access to justice in the environmental field.

The project team prepared 8 legal analyses, 2 awareness-raising materials (guides) on EU law and the Aarhus Convention, 8 national Stakeholder Registers, and 8 national Stakeholder Analysis Matrices. Within the project framework, 8 national workshops were held. An online public interest lawyer database was created, with the inclusion of 117 lawyers from 15 countries, expanding to an additional 7 countries (Bulgaria, Belgium, Greece, Ireland, the Netherlands, Slovenia, and the UK) beyond the core geographical scope of the project. By the end of the project, 48 training sessions were held, and 1 257 experts were trained on access to justice in the field of environment.

The project team conducted 12 webinars, where 664 persons were trained, while recorded videos were downloaded 1 635 times. Altogether 2 090 people attended the project's capacity building events (twice more than foreseen). In more detail, 169 people attended the national workshops, 1

257 people participated in the 48 training sessions in nine Member States, whilst 664 people took part in the webinars.

Web resources

- <http://www.justiceandenvironment.org/home/>

17***Title of the project*****LIFE FRANCA – Flood Risk Anticipation and Communication in the Alps*****Project Coordinator***

University of Trento

Type

Life project

Start date – End date

01/07/2016 - 31/12/2019

Target groups

Local communities and citizens

Partners and stakeholders

- Autorità di Bacino dell' Adige (Italy)
- TRILOGIS SRL (Italy)
- University of Padova (Italy)
- Provincia Autonoma di Trento (Italy)
- MUSE – Museo delle Scienze (Italy)

Short project description (activities, outcome and outputs)

The LIFE FRANCA project aimed to support the anticipation and awareness of flood risk, by identifying shortcomings and developing communication strategies on flood risk in selected areas of the Alps specifically in the Autonomous Province of Trento. The management of emergencies and changing attitudes to flood risk, to ensure acceptance of the necessary management measures, were a particular focus. Specific objectives were: to improve communications on flood risks, by supporting both providers of information (through training for public bodies) and those who receive the information (through education and awareness raising of different stakeholder groups); to involve communities and stakeholders and encourage habits that can minimise the risks in a given territory; to develop an attitude of co-responsibility between public and private actors when it comes to undertaking actions; and to produce guidelines on communicating and anticipating flood risk.

The project developed an "anticipatory" flood risk management model, in line with EU policies, which refers to the need to develop processes with which individuals and institutions can cooperate to satisfy common interests and reconcile conflicting ones. For this reason, the LIFE FRANCA team initiated a complex action to prepare the population to live with natural dangers, in particular flood events, based on a participatory process between citizens, specialists and decision-makers. The aim was to develop a widespread sense of public and private co-responsibility.

Participatory processes are seen as an effective way of strengthening trust in institutions and the resilience of communities.

Web resources

- <https://www.lifefranca.eu/it/>

18***Title of the project*****SforAE Project – Sport for All and the Environment*****Project Coordinator***

Foundation for Recovery of Aluminium – Packaging RECAL (Poland)

Type

Erasmus+ project

Start date – End date

01/01/2021 – 30/06/2023

Target groups

Sport event organizers

Partners and stakeholders

- Asociácia Športu Pre Všetkých Slovenskej Republiky (Slovenia)
- Česká asociace Sport pro všechny (Czech Republic)
- Latvijas Sporta federāciju padomes (Latvia)

Short project description (activities, outcome and outputs)

The idea of the "Sport for All and the Environment" (SforAE) project is raising an awareness about the benefits of implementing ecological behavior in sport for all. Its aim is an environmental education through sport and sport promotion in safe and clean environment. The principal is to share the message that physical activity keeps mankind in a good and healthy shape and extends the individuals lives. When saving the natural resources is key to keep the environment beautiful and in a good condition for the next generations.

Next aim is to establish strong cooperation between partners to create a synergic effect for them. The project involves the exchange of experiences and the development of the second edition of guidelines for ecologically sustainable sports events. It also includes organization of 4 flagship events (each Project partner is responsible for one) and support with promotional materials in a form of free of charge canned drinks for about 120 different sport events. The events must be organized sustainable for environment, including collection and recycling of empty cans.

Another part of the SforAE Project is to collect best practices in sport events to be published in a brochure. The best practices promoting active lifestyles and compliant with green events and our recommendations for sport events' organizers. There will be about 8-10 examples of sport events to show possible actions, not only in the organization of recycling, but also on reducing the environmental impact of organized sport events.

The publication will be available in all Partners' languages and English. The brochure will be a substantial effect of the Project and will help all sport event organizers to include sustainability issues into their events.

Web resources

- <https://sforae.eu/en/>

19***Title of the project*****Day in Mountain*****Project Coordinator***

Planinarsko Društvo Tuhobic (HR)

Type

Erasmus+ project

Start date – End date

01/01/2020 - 31/12/2022

Target groups

Children

kindergarten educators and primary school teachers

Partners and stakeholders

- L'orma Società Sportiva Dilettantistica A Responsabilita Limitata (It)
- Karasu Genclik, Sanat Ve Spor Kulubu Dernegi (Tr)
- Sport Viv (Hr)

Short project description (activities, outcome and outputs)

The main aim of the project is to ensure human resources that will be well trained to guide organised children tours in nature and to mountaineering or mountain climbing trips. The fulfilment of the goal will allow pre-school and elementary school children to spend quality time in nature. The benefit of the project is that it would allow creating connections with other countries with the aim of sharing experiences and common learning. In Croatia there is not a big number of NGO's or institutions that work in these fields, which hinders our insights in different possibilities.

Web resources

- [Početna - Planinarsko društvo "Tuhobić" \(pdtuhobic.hr\)](http://pdtuhobic.hr)

Title of the project**Ecology of Dual Career - Exploring Dual Career Development Environments across Europe*****Project Coordinator***

Liverpool John Moores University (UK)

Type

Erasmus+ project

Start date – End date

01/01/2018 – 31/12/2019

Target groups

Athletes and dual career service providers

Partners and stakeholders

- Hogskolan I Halmstad (Se)
- Vrije Universiteit Brussel (Be)
- Syddansk Universitet (Dk)
- Universidad Autonoma De Barcelona (Es)
- Jyvaskylan Yliopisto (Fi)
- Univerza V Ljubljani (Si)

Short project description (activities, outcome and outputs)

The project was a 2-year collaborative project between seven partnering countries, Denmark, Belgium, Finland, Slovenia, Spain, Sweden and United Kingdom.

To advance current knowledge and supplement the work which has already been carried out, the mission of the project was to: (1) develop a comprehensive understanding of the dual career development environments (DCDEs) across Europe, and (2) provide guidelines for the development and optimization of DCDEs supporting talented and elite athletes' in their pursuit of sporting and academic excellence.

Web resources

- <https://www.ljmu.ac.uk/projects/dual-careers>

21***Title of the project*****RISE - Roma Inclusion through Sport in Europe*****Project Coordinator***

Budapest Association for International Sports – BAIS (Hungary)

Type

Erasmus+ project

Start date – End date

January 2020 - June 2021

Target groups

Underprivileged (especially Roma) young people

Partners and stakeholders

- D.E.L – Association for Development, Education and Labour (Slovakia)
- Asociatia “Liber la Educatie, Cultura si Sport” (Freedom for Education, Culture, and Sport Association) (Romania)
- Association TAKT – Together Advancing Common Trust, Skopje (North Macedonia)
- Champions Factory (Bulgaria)

Short project description (activities, outcome and outputs)

Roma Inclusion through Sport in Europe (RISE) is 18-month Small Collaborative Partnership framed under the Erasmus+ Sport priority “encouraging social inclusion and equal opportunities in sport” addressing the needs of underprivileged young EU citizens and organisations dealing with this target group.

The key objective of the project is to promote social inclusion, equal opportunities and awareness of disadvantaged situation of the Roma minority through sport-based education activities.

Activities:

- Transnational training course, Sofia, Bulgaria (November 2020)
- Closing and dissemination seminar, Bratislava, Slovakia (May 2021)

Main products/tangible results of the RISE project encompass:

1. The RISE educational handbook
2. A database of European good practices
3. RISE Online Platform
4. Recognition certificates
5. Newsletters, videos, photos and leaflets

Web resources

- <https://www.adelslovakia.org/wp-content/uploads/2020/03/RISE-Toolkit-Latest.pdf?x50993>